+ Washing the Hands

All say:

Blessed are You, O YHVH our GOD,

King of the universe and eternity,

Who has sanctified us through Yeshua Your Son

in Whom is our righteousness.

"Who may ascend the hill of YHVH?

He who has clean hands and a pure heart,

who does not lift up his soul to an idol or swear by what is false."

We dedicate ourselves to serve only You.

As the bowl of water and towel are served we remember our initial water baptism when we were set aside to YHVH's use.

+ Sanctification of Sabbath

Father fills and lifts cup in right hand, saying:

Blessed are You, O YHVH our GOD,

King of the universe and eternity,

Who creates the fruit of the vine.

The cup is passed and shared as Father continues:

Yeshua changed water into wine at the Cana Wedding and called the wine at Pesach His Blood.

It is by His Blood that we are engaged and enter YHVH's Covenant.

The knives are covered, for no man-cut stones can make YHVH's altar table. Yeshua is the stone cut without hands.

Father (and a son) remove the challah covering, a symbol of the dew, to reveal the double portion of Sabbath Manna.

+ The Bread Blessing

Beginning with Father, each person breaks off a piece of bread and says the Blessing as the bread is passed. The breaking of bread symbolizes peace, when all weapons of war are done away with.

Blessed are You, O YHVH our GOD,

King of the universe and eternity,

Who brings forth bread from the earth.

Salt is passed to sprinkle on the second bite. Bread comes by the sweat of work but we also remember Yeshua told us we were to be the "Salt of the Earth", completing His sacrifice as the Salt Covenant of priests.

Father continues:

YHVH miraculously fed His children with Manna

in the Wilderness.

Yeshua fed multitudes with bread and at Pesach declared the matzah to be His Body.

+ The Family Blessings

Father raises his hands as he blesses the family:

YHVH bless you and keep you.

YHVH make His Face to shine upon you

and be gracious unto you.

YHVH turn His Face toward you and give you His Shalom.

Then Father places his hand on each child's head individually as he blesses them.

For the son(s):

May YHVH make you like Ephraim and Manasseh, David and Moses, Joshua and Daniel.

(and an individual blessing)

For the daughter(s):

May YHVH make you like Sarah and Rebekah, Rachel and Leah, Ruth and Esther.

(and an individual blessing)

(Guests are blessed.)

Father compliments his wife from Proverbs 31:

An excellent wife, who can find?

For her worth is far above jewels.

She looks well to the ways of her household, and does not eat the bread of idleness.

Her children rise up and bless her,

her husband also, and he praises her, saying:

"Many daughters have done nobly, but you excel them all."

A woman who fears YHVH, she shall be praised.

Mother (and children) respond from Psalm 1:

Blessed is the man who walks

not in the counsel of the ungodly,

nor stands in the path of sinners,

nor sits in the seat of the scornful;

But his delight is in the Law of YHVH,

and in YHVH's Law he meditates day and night.

That man shall be like a tree

planted by the rivers of water,

that brings forth its fruit in its season,

whose leaf also shall not wither;

And whatever he does shall prosper.

+ Greeting of Peace

All greet each other with:

Shabbat shalom, Shabbat shalom, Shabbat shalom.

May the Peace of YHVH be with you always.

Shabbat shalom.

+ The Home Blessing

The family prays in song: (to "Edelweiss")

Bless'd our home, bless'd our food;

Come, Our KING, and sit with us;

May our talk glow with peace,

may Your love surround us;

Friendship and love,

may they bloom and grow,

bloom and grow forever;

Bless'd our home, bless'd our food;

Come, Our KING, and sit with us.